

SMG RUN CLUB SIGN -UP FORM

**Note: Please fill out a separate form for each participating student, please print and return to the school office by Nov. 5th.*

NAME: _____ GRADE: _____

Run Club is open to all grades pre K4 - 8, and will be held on the following dates from 3:30 - 4:15 on the field.

- Nov. 7, 21
- Dec. 5, 12
- Jan. 14, 21
- Feb. 4, 11, 18
- Mar. 3, 24, 31
- April 7, 21, 28
- May 5, 12

Students must bring proper athletic shoes and a water bottle each week.

Run Club will not be held if any of the following Conditions hold true:

- Wind chill is below 32 degrees
- Heat Index is above 95 degrees
- Field is muddy or not fit for running
- Precipitation

An email will be sent home to parents/guardians in the event of a Run Club cancellation. If you have any questions about whether we will have Run Club you may call SMG at 817-275-5081.

If we need to contact you during Run Club how can we get a message to you or whoever picks up your child:

Home phone: _____ Work or cell phone: _____

E-mail: _____

Run Club dismisses at 4:15. Any students not picked up by 4:30 will then be sent to SMEED and will be charged for the use of SMEED.

My child will be picked up by:

Parent/Grandparent: _____

Sitter: _____

Carpool: _____

Other: _____

____ My child goes to After School Care on Wednesdays.

Any health issues or allergies we should be aware of: _____

Run Club Pledge: I agree to be a full participant in Run Club. I will maintain an attitude of faith and hope. I will listen to the Run Club coaches, participate in group activities to the best of my potential, and treat parent volunteers with respect at all times. I will uphold God's second greatest commandment by encouraging and supporting my fellow runners as we train together. In honor of the good health God blessed me with; I will work to improve my physical condition by running/walking for the entire Run Club period. I will advise the coaches concerning any injuries or medical conditions. I will come to Run Club on time and equipped with proper shoes, clothing and a water bottle. I understand that if I am distracting my fellow participants, or if I am not following directions from coaches or volunteers, I may be asked to sit out during the remainder of the activity.

SIGNED: Student: _____ Parent: _____