

## SMG RUN CLUB SIGN -UP FORM

*\*Note: Please fill out a separate form for each participating student, please print and return to the school office ASAP.*

NAME: \_\_\_\_\_ GRADE: \_\_\_\_\_

Run Club is open to all grades pre K4 - 8, and will be held on the following Thursdays from 3:30 - 4:15 on the field.

- Nov. 7, 21
- Dec. 5, 12
- Jan. 16, 23
- Feb. 6, 13, 20
- Mar. 5, 19, 26
- April 2, 23, 30
- May 7, 14

**Students must bring proper athletic shoes and a water bottle each week.**

Run Club will not be held if any of the following Conditions hold true:

- Wind chill is below 32 degrees
- Heat Index is above 95 degrees
- Field is muddy or not fit for running
- Precipitation

An email will be sent home to parents/guardians in the event of a Run Club cancellation. If you have any questions about whether we will have Run Club you may call SMG at 817-275-5081.

If we need to contact you during Run Club how can we get a message to you or whoever picks up your child:

Home phone: \_\_\_\_\_ Work or cell phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Run Club dismisses at 4:15. Any students not picked up by 4:30 will then be sent to SMEED and will be charged for the use of SMEED.

My child will be picked up by:

Parent/Grandparent: \_\_\_\_\_

Sitter: \_\_\_\_\_

Carpool: \_\_\_\_\_

Other: \_\_\_\_\_

\_\_\_\_ My child goes to After School Care after Run Club.

Any health issues or allergies we should be aware of: \_\_\_\_\_

**Run Club Pledge: I agree to be a full participant in Run Club. I will maintain an attitude of faith and hope. I will listen to the Run Club coaches, participate in group activities to the best of my potential, and treat parent volunteers with respect at all times. I will uphold God's second greatest commandment by encouraging and supporting my fellow runners as we train together. In honor of the good health God blessed me with; I will work to improve my physical condition by running/walking for the entire Run Club period. I will advise the coaches concerning any injuries or medical conditions. I will come to Run Club on time and equipped with proper shoes, clothing and a water bottle. I understand that if I am distracting my fellow participants, or if I am not following directions from coaches or volunteers, I may be asked to sit out during the remainder of the activity.**

SIGNED: Student: \_\_\_\_\_ Parent: \_\_\_\_\_