



**My Jesus, I believe that you are
present in the most
Blessed Sacrament.**

**I love You above all things and I
desire to receive You into my soul.**

**Since I cannot now receive You
sacramentally, come at least
spiritually into my heart. I embrace
You as if You have already come,
and unite myself wholly to You.
Never permit me to be separated
from You.**

Amen.